

Download A Is For Awkward A Guide To Surviving Middle School

Rising high school senior Aryelle Jacobsen's book, A is for Awkward, is a guide for middle schoolers. In the book, Jacobsen alphabetizes the complications of adolescence and how to deal with them. In the book, Jacobsen alphabetizes the complications of adolescence and how to deal with them.

A is For Awkward: A Guide for Surviving Middle School A is for Awkward is a book centered around the importance of gaining healthy self-esteem and helping teens realize that they're not alone. It's a book of encouragement and real world advice written in a relatable style that resonates with teens.

From there her book, A is for Awkward- a Guide to Surviving Middle School, was born. "I wanted to give kids a friendly resource they could use- one that lets them know it's ok to feel alone or awkward as a teen," she said.

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The goal of A is for Awkward is to help middle school students feel comfortable in their own skin, addressing various topics providing advice, encouragement, and resources they can use. The book was written and illustrated by older teens for younger teens, demonstrating how youth can and will make a difference in society.

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