

Download Applying Educational Psychology In Coaching Athletes

Applying Educational Psychology in Coaching Athletes offers the wisdom of not only one of the world's greatest coaches, but also distills hundreds of classic works of other coaches, researchers and thinkers. If there is one single book a coach, athlete, parent, partner, or business leader should read and re-read on sports (and life) this is it.

Applying Educational Psychology in Coaching Athletes introduces the idea of the developing coach as both teacher and learner, and how coaching principles and a strong coaching philosophy provide a foundation for effective management and decision-making. By considering the theories that drive successful coaching, developing coaches gain focus ...

Overview. Applying Educational Psychology in Coaching Athletes is unmatched in its depth of insight into the teaching and learning process in sport and how to put it into practice. By examining how athletes learn and coaches teach, the text helps coaches understand how to maximize athlete performance and increase their athletic success.

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Applying educational psychology in coaching athletes. Huber, Jeffrey J. Human Kinetics Pub. 2013 423 pages \$64.00 Hardcover GV711 Huber, a coach and professor of counseling and educational psychology and kinesiology at Indiana U. at Bloomington, explains how to apply the principles and theories of educational psychology to coaching athletes.

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Applying educational psychology in coaching athletes / Jeffrey J. Huber. Format Book Published Champaign, IL : Human Kinetics, c2013. Description xvi, 423 p. : ill. ; 26 cm. Notes Includes bibliographical references (p. 399-412) and index. Contents. The unstoppable athlete : applying motivation theory

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