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These 20 healthy but delicious detox salads are the perfect way to atone for all of your holiday food indiscretions and start the new year (or even just the week) off on the right foot! If you're anything like us, you've been eating well lately. You've consumed many a cookie and canapé, and ...

My FAVORITE Detox Salad that is healthy and loaded with fresh veggies like brussels sprouts, broccoli, kale and cabbage and makes a ton to last you all week! ... Roasted Kale Recipes Recipes With Tahini Lemon Kale Salad Kale Salads Roasted Chickpea Salad Warm Kale Salad Chickpea Salad Recipes Tahini Recipe Healthy Salads. Last week I finished ...

Seriously Delicious Detox Salad. This easy Detox Salad recipe is made with a rainbow of delicious ingredients that you can feel great about enjoying! Plus, it's topped with my favorite Japanese Ginger Carrot Dressing. (This post contains affiliate links.) Every Monday night is sushi night around here. And I look forward to it every single week.

This is the best detox salad ever, featuring shredded cabbage, cilantro, avocado, and a perfect lemon-ginger dressing. I could eat it every day!

25 Hearty Vegan Salads That Will Fill You Up! These recipes are filling enough to be the main dish. Jam packed full of nutrition, perfect for a healthy meal.

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