

Download Prostate Problems The Facts

Signs and symptoms of prostate problems include painful ejaculation, burning or pain while urinating, blood in the semen, and painful ejaculation. Common causes of prostate problems in men are prostatitis, benign prostatic hyperplasia (BPH), and prostate cancer.

The prostate is a part of the male reproductive system that wraps around the male urethra near the bladder. If you're a man in your 40s or older, it is particularly important for you to know certain facts about your prostate, and steps you can take to help prevent and treat prostate problems. Prostate problems are extremely common and if you are experiencing them, you are certainly not alone!

The symptoms of a prostate problem may include problems with urinating and bladder control. Bladder control is how well you can delay, start, or stop urination. These problems can cause you to

The prostate is a walnut-sized gland situated just below the bladder between the root of the penis and the anus. In older men with prostate problems it may swell from the size of a walnut to that of a plum. If the prostate grows too big, urine flow may be weaker, but prostate size is not related to prostate cancer. 3.

Prostate problems are fairly common in men of all ages, especially older men. Prostate problems can range from simple inflammation to cancer. As you age, your prostate grows, making problems more likely to develop.

It's a problem that has several names -- enlarged prostate, benign prostatic hyperplasia, or simply BPH. According to the National Kidney and Urological Disease Information Clearinghouse, the most common prostate problem for men over 50 is prostate enlargement.

Doctors know that prostate cancer begins when some cells in your prostate become abnormal. Mutations in the abnormal cells' DNA cause the cells to grow and divide more rapidly than normal cells do. The abnormal cells continue living, when other cells would die.

Prostate cancer is a disease defined by the abnormal growth of cells. These abnormal cells can proliferate in an uncontrolled way and, if left untreated, form tumors which may metastasize or spread to other parts of the body. Prostate cancer has the potential to grow and spread quickly, but for most men, it is a relatively slow growing disease.

Unlike most prostate problems, prostatitis -- inflammation or an infection of the prostate -- occurs more often in young and middle-aged men. Only 5% to 10% of men develop prostatitis in their lifetime. As with BPH, however, experts recommend eating a healthy diet with lots of fruits and vegetables.

Prostate cancer develops mainly in older men and in African-American men. About 6 cases in 10 are diagnosed in men aged 65 or older, and it is rare before age 40. The average age at the time of diagnosis is about 66. Deaths from prostate cancer. Prostate cancer is the second leading cause of cancer death in American men, behind lung cancer.

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